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EXCISION POST-OPERATIVE WOUND CARE

Keep the dressing clean and dry for the first 24 hours.

- After 24 hours, shower and let water run over the bandage, allowing the adhesive to loosen. Once loosened, gently peel the bandage off.
- Gently wash the area with soap and clean water, then pat dry.
- Do not try to remove small scabs that may be attached to the stitches.
- Apply Aquaphor or Vaseline with a Q-Tip and cover with a bandage or gauze and tape.
- There will be non-dissolvable sutures on the top layer of skin, which will need to be removed in 7-14 days, depending on the location.
 - This is scheduled when checking out.
- It is OK for the wound to get wet after the first day in the shower. However, it should **NOT** be immersed in water until after removing the stitches (no swimming, hot tubs, or baths).
- The wound should not hurt but may be slightly sore or tender to touch.

Please contact our office if any of the following occur:

- Pain at or around the wound site
- Redness extending from the edge of the wound
- If the sutures break, fall out, or the wound opens
- Swelling of the wound or the area around it

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