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## PHOTODYNAMIC THERAPY (BLU-U)

### BEFORE YOUR TREATMENT

- Please tell your provider/MA if you are taking any new oral medications or using any topical prescription products on your treatment area
- Bring adequate sun protective items with you to your appointment, such as a wide brimmed hat/jacket.
- Remember, that you will not be able to go outside or around any bright lights for 48 hours after your treatment.

### DURING THE TREATMENT

- You will be taken back to the exam room and the treatment site will be cleansed with Acetone. This is done to remove any excess oils from your skin.
- A solution called Levulan will be applied to the area.
- You will wait the appropriate time for the solution to penetrate the area, this is called the incubation time. It is important that you do not expose the area to any sunlight or bright lights during the incubation time.
- After your incubation time you will be put under the BLU-U light for 16 minutes and 40 seconds
- Protective eyewear will be given to you to wear during your BLU-U.
- You may experience a tingling, stinging, and/or burning sensation during your treatment, which may last up to 24 hours after treatment.

### AFTER YOUR TREATMENT

- You may experience the following side effects after your treatment:
- Burning, stinging, which could last up to 24 hours after treatment.
- Redness and swelling, which may last up to 1 week
- Scaling, crusting and peeling, which may last up to 1-2 weeks.
- You should apply moisturizer and sunscreen daily.
- REMEMBER: it is very important not to expose the treated area to any sunlight or bright lighting for 48 hours after your BLU-U treatment.

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