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MOHS PRE-OPERATIVE INSTRUCTIONS

Mohs Micrographic surgery is a specialized technique for removing certain skin cancers, such as basal and squamous cell carcinoma. This procedure offers the highest chance of completely removing cancer while sparing normal, healthy tissue.

BEFORE SURGERY:

- **IF YOU ARE PRESCRIBED BLOOD THINNERS BY A PROVIDER, DO NOT DISCONTINUE. PLEASE CONTINUE ALL MEDICATIONS AS PRESCRIBED.**
- If you were prescribed pre-operative antibiotics, take them one hour before the appointment.
- On the day of surgery, eat a light meal.
 - If you are diabetic, bring a snack and your insulin.
 - If you have an outside repair, you must receive permission to eat from the plastic surgeon.
- We recommend wearing a button-down shirt that will not disrupt your bandage when changing later that night.
- Since the surgical site must stay dry for the first 24 hours, we recommend you shower and shampoo before your procedure.
- Before your appointment, please do not apply makeup or lotion to the surgical site.
- The length of the appointment varies from 2-4 hours. The same local anesthetic used for your biopsy will be used for this procedure so that you can drive safely.

Recommended items for wound care:

- Hydrogen peroxide
- Gauze pads/ Non-stick gauze pads
- Surgical tape
- Aquaphor or Vaseline ointment
- Band-Aids
- Ice packs or bags of frozen peas/corn
- Extra Strength Tylenol and/or ibuprofen

For more detailed information, please check "Patient Resources" on our website at www.dermskinhealth.com