



Photodynamic Therapy (BLU-U)

Before treatment:

- Please tell your provider if you are taking new oral medications or using topical prescription products in the treatment area.
- Remember, you cannot go outside or around any bright lights for **48 hours after the treatment.**

During treatment:

- You will be taken back to the exam room, and the treatment site will be cleansed with acetone. This is done to remove any excess oils from your skin.
- A medicated solution called Levulan, will be applied to the area.
- You will wait until the appropriate time for the solution to penetrate the area, called the incubation time. You mustn't expose the area to sunlight or bright lights during this time.
- After incubation, you will be put under the BLU-U light for 16 minutes and 40 seconds.
- Protective eyewear will be given to you to wear during the light treatment.
- You may experience a tingling, stinging, and/or burning sensation during the treatment, which may last up to 24 hours after treatment.

After treatment:

- You may experience the following side effects after your treatment:
 - Burning and stinging, which could last up to 24 hours after treatment.
 - Redness and swelling, which may last up to 1 week.
 - Scaling, crusting, and peeling may last 1-2 weeks.
- You should apply moisturizer and sunscreen daily.

REMEMBER: it is essential not to expose the treated area to any sunlight or bright lighting for 48 hours after your BLU-U treatment.

Plan on being in the office for at least 2 hours.

Incubation time: _____

If you have questions or concerns, please call the office at 603-742-5556.