



Liquid Nitrogen Wound Care

Liquid nitrogen, or cryosurgery, involves using liquid nitrogen to freeze and destroy abnormal skin tissue, including, but not limited to, warts, skin tags, seborrheic keratosis, actinic keratosis, and other benign or precancerous growths.

Your provider will spray liquid nitrogen directly on the skin growth or apply it using a cotton swab. This causes stinging and burning while the area is frozen and may continue while it thaws. Throbbing may persist, especially on the face or forehead, but this will not last long. We recommend Tylenol for any persistent pain.

What to Expect:

- The treated area will become red and swollen and develop a blister. After a few days, it will form a scab.
- Do not try to remove the blister yourself; this could open you to the possibility of infection.
- If there is scabbing/crusting, it will fall off within 1-2 weeks.
- Treatment of areas on the forehead, nose, or eyelids can result in painless swelling of the eyelids, especially noted in the morning. This will subside within a week.
- **STRICT SUN PROTECTION DURING THE HEALING PROCESS IS ESSENTIAL**

Care of the Site:

- Clean the area treated with soap and water, as you usually would.
- Apply a thin layer of Vaseline or Aquaphor to the site daily. Apply a bandage if needed.
- **DO NOT PICK ON THIS AREA.** Picking can damage the skin and cause possible scarring. It can also prolong healing time.

If you experience signs of an infection, such as fever, severe tenderness, the site is warm to the touch, or there is oozing with a foul odor, please contact our office immediately.

If you have any questions or concerns, please call the office 603-742-5556.