



AFTER CARE

Mohs/Excision Post-Operative Care (Dissolving stitches)

After Care Instructions:

- Keep the initial dressing dry and intact for 24 hours after the procedure.
- Apply ice for 20 minutes at a time, every 1-2 hours for the first day.
- Postoperative pain is typically minimal and can be managed with Extra Strength Tylenol and/or ibuprofen, along with icing the area.
- Keep the surgical site elevated to minimize swelling.
- 24 hours after surgery, change the dressing once daily using the following steps:
 - Shower with the bandage in place, allowing the water to help loosen the adhesive.
 - Gently remove the bandage.
 - Wash the area using soap and water.
 - If you have Steri-Strips, clean over them as previously instructed. No need to remove them – they will fall off on their own over the next few days.
 - Pat dry, and with a Q-tip, apply a thin layer of Aquaphor or Vaseline.
 - Cover the area with a non-stick gauze pad and tape or Band-Aid.
 - Repeat for _____ days.
- Spotting on the bandage is normal, but if the bandage is saturated or oozing occurs, apply firm pressure directly to the wound for at least 20 minutes. Keep the pressure constant without letting go. If bleeding continues, reapply pressure for another 20 minutes. If not resolved, please contact the office.
 - If you cannot get the bleeding to stop, please call (603) 742-5556, extension 112 and/or extension 118. If no one picks up, please leave a message on both lines. If it is anytime after hours (even the middle of the night), please call (603) 742-5556 and choose the option to page the on-call physician.
- Do not let the wound dry and “air out” to form a scab. This will result in a slower healing process, with a more noticeable scar.
- Please contact our office, regardless of the time of day, should the following symptoms occur: redness spreading away from the wound, tenderness, if the surgical site is warm to the touch, drainage with a foul odor, and/or a fever.
- Sometimes, an absorbable suture can be “spit out” instead of being broken down by the body. Spitting sutures can feel like a sharp spot, may appear as a pimple or red bump, or be a non-healing area. If you notice this happening, please let us know.
- If you have any questions or concerns, we also have a texting service that you can utilize to send photos of your site. The number is 601-808-5701. Please include your name and date of birth with your text.

If you have questions or concerns, please call the office at 603-742-5556. You can also text us at 601-808-5701. Please include your name and date of birth with the text.