



AFTER CARE

Excision/Mohs Post-Operative Care (non-dissolving stitches)

Keep the dressing clean and dry for the first 24 hours.

- After 24 hours, shower and let water run over the bandage, allowing the adhesive to loosen. Once loosened, gently peel the bandage off.
- Gently wash the area with soap and clean water, then pat dry.
- Apply Aquaphor or Vaseline with a Q-Tip and cover with a Band-Aid or gauze and tape.
- There will be non-dissolvable sutures on the top layer of skin, which will need to be removed in 7-14 days, depending on the location.
- It is OK for the wound to get wet after the first day in the shower. **However, it should NOT be immersed in water until after removing the stitches (no swimming, hot tubs, or baths).**
- Pain should be mild and manageable with Extra-Strength Tylenol or ibuprofen. You can also ice the area every 1-2 hours for 20 minutes.

Please contact our office if any of the following occur:

- Please notify your provider if any signs or symptoms of infection occur: New or worsening pain, redness extending away from the wound, the area is warm to the touch, drainage with a foul odor, significant swelling, and/or a fever.
- Blood spotting on the bandage is normal. If the bandage becomes saturated or oozing occurs, apply constant, firm pressure directly to the wound for 20 minutes. If bleeding continues, reapply pressure for another 20 minutes. If not resolved, please contact the office.
 - If you cannot get the bleeding to stop, please call (603) 742-5556, extension 112 and/or extension 118. If no one picks up, please leave a message on both lines. If it is anytime after hours (even the middle of the night), please call (603) 742-5556 and choose the option to page the on-call physician.

If you have questions or concerns, please call the office at 603-742-5556. You can also text us at 601-808-5701. Please include your name and date of birth with the text.